

## Patient Orientation to Neuropsychological Evaluations

A neuropsychological assessment typically consists of three components: 1) intake interview when relevant information is gathered, 2) examination sessions, scoring, interpretation of results and report writing, and 3) a follow-up session during which time results are provided and relevant treatment options and other recommendations are explored.

- 1) Initial consultation: The purpose of this session is to identify reasons for seeking evaluation and to obtain necessary background information. Please plan to arrive 15 minutes early for your appointment to complete the intake form if it has not already been completed. Please bring copies of records including report cards, previous evaluations, standardized test results, and relevant medical records for review.
- **2) Evaluation Sessions:** This may take place during a single day allowing for breaks or spread out over two or more days as needed. The format for the assessment is interactive, involving tasks that are game-like. If glasses or hearing aids are prescribed, please bring them to the assessment. If any medication is being taken, take it as prescribed during the days of testing. Get as much rest as possible the night before, and eat a good breakfast.

In the case of a child evaluation, parents should plan to remain in the waiting room throughout all of the testing sessions unless other arrangements are agreed upon. We will take breaks during each testing session, during which time your child can return to the waiting room to rest and relax with you. Please bring several snacks and beverages for your child during each testing session. Although individual testing is usually easily tolerated and even enjoyable, it can also be exhausting, so plan your schedule accordingly

Following completion of the evaluation sessions, results will be scored and interpreted, history and records reviewed, and a report will be prepared that will include a description of performance in various domains of functioning. In addition, the report will include specific recommendations for remediation and accommodations.

**3) Follow-up Session:** We will meet to review the assessment results, including diagnostic impressions and suggestions to address identified weaknesses. Following completion of the follow-up session, the report will be finalized.

Full payment is due at the time of the follow-up session unless other arrangements are discussed and agreed to. Half of the examination fee is due at the time of the initial consultation appointment. Payments can be made with cash, check, or charge.

Forgotten appointments or those not cancelled with a **48-hour** notice are subject to a cancellation fee. If you have any further questions, or if I can provide any other information, please do not hesitate to call me at 631-724-5925.